



*Whole School, Whole Community, Whole Child School Policy
Assessment Tool*

Version 2.0

SCORESHEET

Note. This scoresheet must be used in conjunction with the **WellSAT WSCC Coding Guide**.

For additional technical assistance, please refer to the **WellSAT WSCC User Manual**.

Suggested Citation: Chafouleas, S. M., Schwartz, M. B., Koriakin, T. A., & McKee, S. L. (2021). *WellSAT WSCC School Policy Evaluation Tool (Version 2.0)*. Storrs, CT: University of Connecticut.



PHYSICAL ACTIVITY







Note: This Physical Activity Section is the same as the Physical Education and Physical Activity (PEPA) section in the WellSAT 3.0.

		Rating
PEPA1	There is a written physical education curriculum for grades K-12.	
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	
PEPA3	Physical education promotes a physically active lifestyle.	
PEPA4	Addresses time per week of physical education instruction for all elementary school students. Use N/A if no elementary school in district.	
PEPA5	Addresses time per week of physical education instruction for all middle school students. Use N/A if no middle school in district.	
PEPA6	Addresses time per week of physical education instruction for all high school students. Use N/A if no high school in district.	
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	
PEPA8	Addresses providing physical education training for physical education teachers.	
PEPA9	Addresses physical education exemption requirements for all students.	
PEPA10	Addresses physical education substitution for all students.	
PEPA11	Addresses family and community engagement in physical activity opportunities at all schools.	
PEPA12	Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	
PEPA13	Addresses recess for all elementary school students. Use N/A if no elementary schools in district.	
PEPA14	Addresses physical activity breaks during school.	



PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	
<i>Subtotal for Section 1: PEPA</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

 Federal Requirement	 Farm to School	 CSPAP	 WellSAT 3.0 Item
---	--	---	--















NUTRITION ENVIRONMENT AND SERVICES







Note: This Nutrition Environment and Services Section is made up of the Nutrition Standards for Competitive and Other Foods and Beverages (NS) and Standards for USDA School Meals (SM) sections in the WellSAT 3.0.

		Rating
 NS1	Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	
NS2	USDA Smart Snack standards are easily accessed in the policy.	
 NS3	Regulates food and beverages sold in a la carte.	
 NS4	Regulates food and beverages sold in vending machines.	
 NS5	Regulates food and beverages sold in school stores.	
 NS6	Addresses fundraising with food to be consumed during the school day.	
NS7	Exemptions for infrequent school-sponsored fundraisers.	
NS8	Addresses foods and beverages containing caffeine at the high school level.	
NS9	Regulates food and beverages served at class parties and other school celebrations in elementary schools.	
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	
NS12	Addresses food not being used as a reward.	
NS13	Addresses availability of free drinking water throughout the school day.	
 SM1	Assures compliance with USDA nutrition standards for reimbursable school meals.	
SM2	Addresses access to the USDA School Breakfast Program.	
 SM3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	
SM6	Specifies strategies to increase participation in school meal programs.	
SM7	Addresses the amount of “seat time” students have to eat school meals.	



 SM8	Free drinking water is available during meals.	
 SM9	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	
 SM10	Addresses purchasing local foods for the school meals program.	
<i>Subtotal for Section 2: NS and SM</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

 Federal Requirement	 Farm to School	 CSPAP	 WellSAT 3.0 Item
---	--	---	--










HEALTH EDUCATION AND NUTRITION EDUCATION



Note: This section incorporates the Nutrition Education (NE) section from the WellSAT 3.0.

		Rating
HE1	Addresses health education for students in district.	
HE2	Specifies that health education is provided by qualified, trained professionals.	
HE3	Includes topics for health education that are designed to promote student wellness in a manner that the local education agency determines is appropriate and aligned with state requirements.	
 HE4	Addresses alignment between health education curriculum goals and the needs of students in the community with the goal of reducing health inequity.	
HE5	Addresses opportunities for interdisciplinary connections and practicing health-related skills outside of health education classes.	
HE6	Addresses National Health Education Standards (NHES).	
HE7	Incorporates the CDC's characteristics of an effective health education curriculum.	
HE8	Specifies that health education curriculum will be evaluated and revised.	
	The following items are the same as the Nutrition Education (NE) section from the WellSAT 3.0	
 NE1	Includes goals for nutrition education that are designed to promote student wellness.	
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	
NE3	All elementary school students receive sequential and comprehensive nutrition education.	
NE4	All middle school students receive sequential and comprehensive nutrition education.	
NE5	All high school students receive sequential and comprehensive nutrition education.	
NE6	Nutrition education is integrated into other subjects beyond health education.	
 NE7	Links nutrition education with the food environment.	
 NE8	Nutrition education addresses agriculture and the food system.	
<i>Subtotal for Section 3: HE and NE</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	



Federal Requirement



Farm to School



CSPAP



WellSAT 3.0 Item



WellSAT WSCC School Policy Evaluation Tool V2.0 was created through collaboration between the Collaboratory on School and Child Health (CSCH) and the Rudd Center at the University of Connecticut. Copyright © 2021 by the University of Connecticut. All rights reserved. Permission granted to photocopy for educational use as long as the names of the creators and the full copyright notice are included in all copies.

csch.uconn.edu | ruddcenter.org



SOCIAL & EMOTIONAL CLIMATE

		Rating
SEC1	Addresses participation in school climate surveys.	
SEC2	Addresses sharing aggregate results of school climate surveys with stakeholders (e.g., families, community members, staff, state and/or district leadership).	
SEC3	Addresses promoting positive relationships between students and employees.	
SEC4	Identifies school-wide approaches to prevent and address harassment, bullying, and cyberbullying.	
SEC5	Addresses diversity and inclusion to promote engagement of all students in school activities.	
SEC6	Addresses reviewing and responding to school climate data (e.g., bullying reports, discipline data, or other related data sources).	
SEC7	Addresses use of positive behavior support practices.	
SEC8	Addresses minimization of exclusionary disciplinary practices (e.g., suspension and expulsion).	
SEC9	Addresses social emotional learning.	
SEC10	Connects social emotional learning standards and academic standards.	
<i>Subtotal for Section 4: SEC</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	



Federal Requirement



Farm to School



CSPAP



WellSAT 3.0 Item





SAFE ENVIRONMENT

		Rating
SE1	Identifies regular cleaning and maintenance practices for district buildings.	
SE2	Addresses prevention and safe removal (if applicable) of mold and moisture in district buildings.	
SE3	Addresses minimization of student and staff exposure to toxins (e.g., vehicle exhaust, mold, air pollution, pesticides, cleaning products).	
SE4	Specifies a system for monitoring and addressing air quality and ventilation for district buildings and grounds.	
SE5	Specifies system for monitoring and addressing water quality in district buildings.	
SE6	Specifies an integrated pest management plan.	
SE7	Addresses district buildings' physical condition such as lighting, noise, and temperature during normal operating hours and construction.	
SE8	Addresses student and employee involvement in maintaining the school physical environment (e.g., graffiti, littering, recycling).	
SE9	Addresses maintenance of facilities and compliance to safety standards.	
SE10	Specifies physical safety measures (e.g., double entry access, surveillance, locked doors and windows) and/or procedures in district buildings and grounds (e.g., active supervision of hallways, check in check out systems for visitors, safe transport).	
SE11	Addresses the establishment on an ongoing school safety team.	
SE12	Specifies a crisis preparedness and response plan.	
SE13	Addresses training for school resource officers in district buildings (if applicable).	
Subtotal for Section 5: SE	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	



Federal Requirement



Farm to School



CSPAP



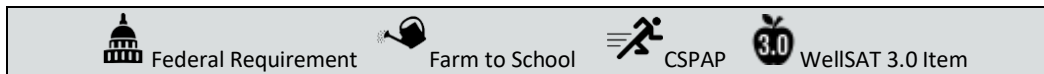
WellSAT 3.0 Item





HEALTH SERVICES

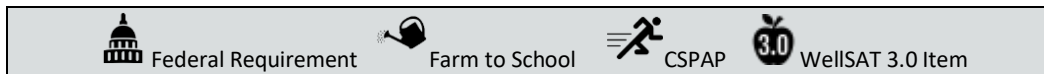
		Rating
HS1	Addresses presence of qualified health service providers in district schools.	
HS2	Addresses community-based service coordination and communication with providers to meet student health needs.	
HS3	Addresses alignment of health services with the health needs of students in the community.	
HS4	Addresses engagement of and communication with families to address individual student health needs.	
HS5	Specifies opportunities for dissemination of health information resources to students and families (e.g., pamphlets, flyers, posters).	
HS6	Addresses student physical health screenings (e.g., vision, hearing).	
HS7	Addresses assessment and planning for chronic disease management to meet individual student needs (e.g., asthma, diabetes, etc.)	
HS8	Addresses management of allergies in the school environment.	
HS9	Addresses provision of acute and emergency care.	
HS10	Specifies a health services plan for response to student sexual risk behavior (e.g., HIV/STD, pregnancy).	
HS11	Specifies a health services plan for response to student substance use (e.g., (e.g., tobacco, alcohol, illicit substances).	
<i>Subtotal for Section 6: HS</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





BEHAVIORAL SUPPORTS

		Rating
BS1	Addresses methods and procedures to identify students with social, emotional, and/or behavioral (SEB) needs.	
BS2	Identifies an internal (within school) referral systems for SEB.	
BS3	Addresses presence of credentialed behavioral health service providers in district schools (e.g., social workers, school psychologists, and/or school counselors).	
BS4	Addresses use of evidence-based prevention and intervention strategies to meet a continuum of SEB needs.	
BS5	Defines a data-driven process for monitoring response to supports for students with SEB needs.	
BS6	Addresses community-based service coordination and communication with providers to meet student SEB needs.	
BS7	Addresses engagement of and communication with families to address SEB needs.	
<i>Subtotal for Section 7: BS</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	



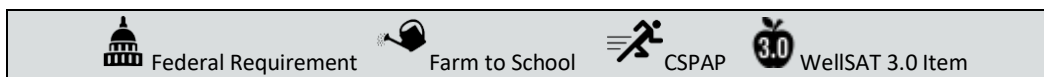
WellSAT WSCC School Policy Evaluation Tool V2.0 was created through collaboration between the Collaboratory on School and Child Health (CSCH) and the Rudd Center at the University of Connecticut. Copyright © 2021 by the University of Connecticut. All rights reserved. Permission granted to photocopy for educational use as long as the names of the creators and the full copyright notice are included in all copies.

csch.uconn.edu | ruddcenter.org





EMPLOYEE WELLNESS





		Rating
EW1	Designates employee wellness as a priority in the district organization structure.	
EW2	Includes dissemination of health education materials with school employees.	
EW3	Addresses coordination with health insurance providers to conduct health risk screening.	
EW4	Addresses creating an environment that supports employees' healthy lifestyles.	
EW5	Addresses social and emotional supports for school employees including the use of Employee Assistance Programs or other programs.	
EW6	Includes use of employee input in design and evaluation of employee wellness programs.	
EW7	Addresses tobacco use by school employees.	
EW8	Addresses promotion of a positive workplace climate.	
EW9	Addresses space and break time for lactation/breast feeding.	
EW10	Addresses methods to communicate information about and encourage participation in available wellness programs.	
<i>Subtotal for Section 8: EW</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





COMMUNITY INVOLVEMENT



		Rating
 CI1	Addresses community representation on district wellness committee.	
 CI2	Addresses community stakeholders participation in the development, implementation, and periodic review and update of the local wellness policy.	
CI5	Specifies community-based opportunities for student service learning.	
<i>Subtotal for Section 9: CI</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





 Federal Requirement	 Farm to School	 CSPAP	 WellSAT 3.0 Item
---	--	---	--





FAMILY ENGAGEMENT

		Rating
 FE1	Addresses family representation on district wellness committee.	
 FE2	Addresses family participation in the development, implementation, and periodic review and update of the local wellness policy.	
FE3	Addresses providing opportunities for ongoing, sustained family engagement throughout the school year.	
FE4	Addresses regular two-way communication with families.	
FE5	Addresses alignment of family engagement activities with the needs of the community.	
FE6	Addresses alignment of family engagement programs and district wellness objectives.	
FE7	Addresses use of culturally responsive practices to engage families.	
FE8	Addresses sharing wellness-related information with families.	
FE9	Recommends that school-based volunteer opportunities be provided for families (e.g., parent teacher associations, parent teacher organizations, family-school committees).	
<i>Subtotal for Section 10: FE</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

 Federal Requirement	 Farm to School	 CSPAP	 WellSAT 3.0 Item
---	--	---	--











IMPLEMENTATION, INTEGRATION, COMMUNICATION, AND EVALUATION







Note: This section includes all of the items from the Implementation, Evaluation and Communication (IEC) section in the WellSAT 3.0.

		Rating
IIEC1	Addresses the establishment of an ongoing district wellness committee.	
 IIEC2	Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	
 IIEC3	Identifies the officials responsible for implementation and compliance with the wellness policy.	
 IEC4	Addresses making the wellness policy available to the public.	
 IIEC5	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	
 IIEC6	Triennial assessment results will be made available to the public and will include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy.	
 IIEC7	Addresses a plan for updating policy based on results of the triennial assessment.	
IEC8	Addresses the establishment of an ongoing school building level wellness committee. This may also be called a school health team, school health advisory committee, or similar name.	
II1	Specifies use of Centers for Disease Control and Prevention's WSCC model or other coordinated/comprehensive method to guide wellness activities.	
II2	Addresses diverse representation on district wellness committee outside of federal requirements to reflect WSCC domains such as: A. employee wellness; B. physical environment, custodial services; C. behavioral health (counseling, psychological, social services); D. health education; E. health services; F. nutrition and physical activity providers in the community).	
II3	Addresses a plan to assess the impact of wellness policy on behavioral health and educational outcomes, including a person/group responsible for tracking outcomes (e.g., student and employee attendance, office discipline referrals, BMI screenings).	



II4	Addresses use of culturally inclusive practices in school wellness activities.	
II5	Identifies funding support for wellness activities.	
II6	Identifies professional learning opportunities for district employees to support wellness policy implementation.	
<i>Subtotal for Section 11: IIEC and II</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
IIE13	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

 Federal Requirement	 Farm to School	 CSPAP	 WellSAT 3.0 Item
---	--	---	--






WELLNESS PROMOTION AND MARKETING



Note: This section is the same as the Wellness Promotion and Marketing (WPM) section in the WellSAT 3.0.

		Rating
WPM1	Encourages staff to model healthy eating and physical activity behaviors.	
WPM2	Addresses strategies to support employee wellness.	
WPM3	Addresses using physical activity as a reward.	
WPM4	Addresses physical activity not being used as a punishment.	
WPM5	Addresses physical activity not being withheld as a punishment.	
WPM6	Specifies marketing to promote healthy food and beverage choices.	
 WPM7	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers, etc.).	
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, on school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, or announcements on the public announcement (PA) system).	
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products such as Box Tops for Education).	
<i>Subtotal for Section 12: WPM</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	



Federal Requirement



Farm to School



CSPAP



WellSAT 3.0 Item

