WSCC **Practice** Blueprint

Session 2

Purpose: To gain familiarity with the WSCC model and available resources for strengthening knowledge

Review

❏ Introduction to the blueprint

❏ Navigating the blueprint

❏ Intro to the WSCC model

Do Together

❏ Activity 2: Build WSCC Knowledge

SECTION I: INTRODUCTION TO THE BLUEPRINT

The goal of this guide is to support the creation of an effective blueprint to set your system up for successful *implementation* and *sustainment* of WSCC Practices as aligned with integrated multi-tiered systems of support (I-MTSS). We will refer to this throughout as Whole Child I-MTSS. We structure this blueprinting work across three steps: Exploring Context, Evaluating Directions, and Establishing Actions.

In this first section, we provide an overview of the Whole School, Whole Community, Whole Child (WSCC) Model. We then define whole child, whole school, and whole community. Finally, we focus on the "how" of WSCC implementation, with particular focus on the need for coordination and integration of efforts. This first section will help set you up for success in your blueprinting process.

Navigating the Blueprint

Throughout this blueprint, you will see the following icons to assist in navigating.

Activity: something to be completed to further your blueprinting work

Tip: something to consider or keep in mind for the future as you complete your blueprinting work

Reflect: questions to check for understanding and confirm that you have considered the key points of the section

Intro to the WSCC Model

Schools are an important anchor in the community, serving as a primary system of care for children. Therefore, schools have tremendous influence on child well-being, with a unique role in promotion, prevention, and intervention across areas of functioning (academic, social, emotional, behavioral, physical). Coordinated and integrated systems of learning and health are more effective and efficient facilitating positive child development, but these systems often operate in silos. This can lead to duplication and inefficiency in service delivery as well as gaps in services across areas of child development. Silos also present critical challenges to sustainable supports. ***Education and health sectors must meaningfully and effectively collaborate to facilitate the success of the whole child.*** In recognition of this need, the CDC and ASCD developed the Whole School, Whole Community, Whole Child (WSCC) model. The WSCC model describes the importance of policies, processes, and practices that integrate across 10 domains relevant to positive outcomes for child learning, health, and well-being. WSCC offers a comprehensive model to show the many parts that can facilitate or impede child and school success.

The Whole School, Whole Community, Whole Child (WSCC) Model

Source: http://www.cdc.gov/healthyschools/wscc/index.htm

Key Concepts

The WSCC Model is intended to be:

- **Student Centered:** Positive development of the whole child – or student – is centered in the design of polices, processes, and practices.
- **Evidence-Informed:** 10 domains help key groups and participants organize effective efforts related to success for the student, school, and community.
- **Ecological:** The model embraces that systems must come together to facilitate positive whole child development given that students, families, and schools are embedded in broader contexts. Community plays a crucial role in implementing and sustaining practices across all domains.
- **Contextually Flexible:** The model drives alignment of efforts, yet foci are determined by priorities specific to the intended context.

WSCC Domains: A Closer Look

The 10 domains of the WSCC model are akin to gears: although the work undertaken in each might be of differing sizes in each school system, they work together to support system functioning and student outcomes. The 10 WSCC domains and associated definitions are listed next, with links to brief reports and videos describing each domain in greater detail.

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The 10 "Gears" to the WSCC Model

Health Education: Structured learning experiences in which students acquire knowledge to engage in health-informed decision making and adopt lasting healthy behaviors.

Brief Report / Video Module

Health Services: Consists of supports provided to promote the physical health of students in the school setting.

Brief Report / Video Module

Physical Education and Physical Activity: Includes: (a) physical activity before, during, and after school, (b) physical education, (c) staff involvement, and (d) family and community engagement.

Brief Report / Video Module

Physical Environment [or Safe Environment]: Describes the school building and physical space around the school, school grounds, and the land on which the school is built.

Brief Report / Video Module

Nutrition Environment and Services: Focuses on developing students' abilities to make healthy nutritional decisions.

Brief Report / Video Module

Employee Wellness: Focuses on the health and well-being of school employees to promote a positive school environment for all school personnel and students.

Brief Report / Video Module

Social and Emotional School Climate: Refers to the psychosocial aspects of student experiences.

Brief Report / Video Module

Family Engagement: Refers to a collaboration between families and school personnel with the goal of fostering positive outcomes for student learning, health, and development across domains.
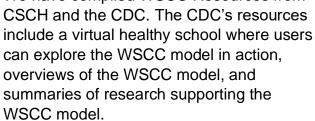
Brief Report / Video Module

Counseling, Psychological, and Social Services [or Behavioral Supports]: Consists of school-based prevention and response services that address students' social, emotional, and behavioral (SEB) health.

Brief Report / Video Module

Community Involvement: Refers to partnerships between school and community groups and/or community-based organizations.

Brief Report / Video Module

Activity 2 - Build WSCC Knowledge

Anticipated time needed to complete this activity: 20-30 minutes

If WSCC is new to you or it would be helpful to expand your knowledge before diving in, we encourage you to spend time familiarizing yourself with the WSCC model and each of the 10 domains.

We have compiled WSCC Resources from CSCH and the CDC. The CDC's resources include a virtual healthy school where users can explore the WSCC model in action, overviews of the WSCC model, and summaries of research supporting the WSCC model.

CSCH's resources include video modules and practice briefs about (a) the WSCC model as a whole and (b) each of the 10 domains. The videos incorporate interviews with school personnel discussing how they incorporate WSCC into their practice. The introductory video module gives an overview of the WSCC model, and each of the remaining videos present information specific to a domain.

The practice briefs summarize evidence behind why each WSCC domain is important, how each domain relates to student outcomes, and best practices within each domain. The overview brief provides the background whereas the others expand specific content for each domain.

Using Activity 2 – Build WSCC Knowledge, available in Appendix B, we encourage you to select resources to explore to strengthen your WSCC knowledge. We suggest selecting an overview resource (e.g., CDC's WSCC Overview, CSCH Overview Brief, or CSCH Overview Video) and 1-2 additional resources related to domains of interest. There are many resources, but we suggest limiting yourself to a manageable about of time for this activity.

Next, we more explicitly define "whole child," "whole school," and "whole community."

ACTIVITY 2 – BUILD WSCC KNOWLEDGE

Time to Complete: 20-30 minutes

Goal of Activity: To gain familiarity with the WSCC model and each of the 10 domains.

Instructions

Explore the resources below to build your WSCC knowledge. To begin, you might select an overview resource (e.g., CDC's WSCC Overview, CSCH WSCC Overview Brief, or CSCH WSCC Introductory Video) and 1-2 additional resources to explore related to domains of interest. Limit yourself to a manageable amount of time for this activity.

CSCH Resources

WSCC Evidence-Based Practice Briefs	Overview Brief	
These evidence-based practice briefs each focus on one domain of the WSCC model and outline strategies that those working in schools can use to promote implementation of the model in their own setting.	Social and Emotional Climate	Safe Environment
	Physical Activity	Nutrition Environment
	Health Services	Family Engagement
	Health Education	Employee Wellness
	Behavioral Supports	Community Involvement

WSCC Video Modules	Introductory Video	
These videos present an overview of the WSCC model and include interviews with school personnel discussing how they incorporate the WSCC model into their practice.	Social and Emotional Climate	Safe Environment
	Physical Activity	Nutrition Environment
	Health Services	Family Engagement
	Health Education	Employee Wellness
	Behavioral Supports	Community Involvement

CDC Resources

Whole School, Whole Community, Whole Child (WSCC)	The main WSCC page on CDC website. Provides an overview of the WSCC model and includes links to resources for further information.
Whole School, Whole Community, Whole Child (WSCC) Overview	An overview of the WSCC model and its domains.
Virtual Healthy School	Allows users to see the WSCC model in action. Click through the interactive resource to find examples of how the WSCC domains are applied across school settings.
Components of the Whole School, Whole Community, Whole Child (WSCC)	Describes each component of the WSCC framework.
Strategies for Using the WSCC Framework	Offers examples of evidence-based practices aligned with each component of the WSCC framework, along with downloadable graphics.
The Whole School, Whole Community, Whole Child (WSCC) Model	Gives an overview of the WSCC model with a particular focus on how it pertains to adolescent health.

Build WSCC knowledge | csch.uconn.edu