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Why is it important to build educators’ knowledge of the effects of trauma?

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What does trauma look like in the classroom?

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What can educators do if they feel overwhelmed by student trauma?

We share many strategies that address key challenges for students who have experienced trauma. We invite you to recognize the many strategies you are already using to support students exposed to trauma – we focus on ongoing, incremental shifts to strengthen your practice! We also share strategies for educators to reduce potential for secondary traumatic stress. This work is crucial to remaining healthy and effective when working with students who have experienced trauma.

What do we hope for educators?

We hope that this is an easily accessible resource that builds your understanding of the effects of trauma on students’ learning and behavior. We hope you feel validated for the hard work you are already doing, gain a deeper understanding of student behaviors you are seeing, and empowered to incorporate a couple of new trauma-informed strategies into your practice.